

## Eureka College 2022-2023 Catalog

## Major in Kinesiology – Exercise Science

Complete 120 semester hours of graduation-eligible credit. Minimum of 40 hours of major coursework.

Kinesiology	Gr	Cr	
BIO263	Human Anatomy & Physiology I		4
BIO264	Human Anatomy & Physiology II		4
HED179	First Aid, CPR, and Injury Preven		1
HED284	Nutrition		3
KIN180	0 Introduction to Kinesiology		3
KIN265	KIN265 Tests & Measures in Kinesiology		
KIN273	Psych. Aspects of Physical Activ.		3
KIN343	Soc. Aspects of Physical Activ.		3
KIN380W	Biomechanics		3
KIN382	Exercise Physiology I		3
KIN386W	Exercise Physiology II		3
KIN391	Exercise Science Practicum		1
KIN495 Exercise Science Internship			2+
Choose one of the following:			
<ul> <li>CHM121 – Survey of Chemistry</li> </ul>			
CHM131 – General Chemistry I			
			4
TOTAL			

Complete one of the following options:		
Completion of a second major:		
Completion of a minor:		
○ 12 Credits Outside of Major at 200+Level Gr		
TOTAL	•	

General Education Capabilities	Date Met
Justice and Civic Responsibility [JCR]	
Aesthetic Sensibility [AS]	
Analytical Inquiry & Problem Solving [AIPS]	
Communication [CO]	
Health, Fitness, and Well-Being [HFWB]	
Intercultural Understanding [IU]	
Scientific Literacy [SL]	
Spiritual Engagement / Examined Life [SEEL]	
Sustainable Practices & Environmental Consci	ience [SP]
Ethical Reasoning [ER]	
ECC490W Ethical Reasoning Seminar	

Writing Requirement			Cr
ENG103W	Academic Writing & Research		3
ENG301W	Adv. Academic Writing & Rsrch		3
KIN380W	Biomechanics		3
KIN386W	Exercise Physiology II		3
ECC490W	ECC490W Ethical Reasoning Seminar		3
TOTAL			15

## **GRADUATION AUDIT**



Name:
SONISID#:
Degree:
Catalog: 2022-2023
Major 1: Kinesiology – Exercise Science
Major 2:
Minor:
Anticipated Graduation Date:

GPA	GPA	GPA	GPA	GPA	Credits		
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Please review this audit with your academic advisor. Remember, you are responsible for knowing your degree requirements and keeping track of your progress toward graduation. Your advisor will provide guidance and advice. *Always consult your Eureka College Catalog for information about graduation requirements.* 

- All GPA's (Major, Minor, and Cumulative) must be 2.0 or above to graduate.
- At least 120 semester hours of credit must be earned to graduate with a BA/BS.

## Explanation of Notations

A,B,C,D = requirement met by Eureka College credit Т requirement met by transfer credit = requirement met by proficiency Pr = letter indicates semester, numbers indicate academic year that course is F1516 = in progress or registered (F = fall, S= spring, SU = summer) N/A not applicable = requirement met through IAI (Illinois Articulation Initiative) TAT =