

**Eureka College
Fall 2021 Back to Campus Plan
Quarantine & Isolation Protocol**

Definition of Key Terms

The following terms will be referenced throughout this document and may be understood according to the definitions below.

Close contact

Close contact describes any interaction or exposure where people are fewer than 6 feet from one another for 15 minutes or longer and without an appropriate face covering.

Indirect exposure

Indirect exposure is a term used to describe the type of interaction a person had with someone diagnosed with COVID-19. It may include one or both of the following types: (1) Any interaction with a COVID positive person where there was no close contact or (2) Any interaction with a person who was in close contact with someone diagnosed with COVID-19.

Isolation

Isolation is the mandate that applies to people who test positive for COVID-19, regardless of vaccination status, and with or without symptoms. Isolation also applies to those who are sick with symptoms consistent with COVID-19 who believe they may have COVID-19. Face-to-face interactions of all kind with people and pets should be avoided, even in your own home, if possible. The isolation period is 10 days from the first day the symptoms appeared. In addition, ending isolation requires at least 24 hours with no fever or fever reducing medication and improvement in COVID-19 symptoms (see a list of symptoms below). Those in isolation are not allowed on campus until all designated protocols have been followed to ensure a safe return to campus (see related sections below).

Protocols for remote learning and work apply. The College has identified isolation housing and alternative food options for residential students. Commuter students and employees should isolate at their residence.

Quarantine

According to the CDC, quarantining is the process of avoiding face-to-face interactions with others for a period of time up to 14 days to minimize possible transmission of COVID-19. Quarantine if you have been in close contact (within 6 feet of someone for a total of 15 minutes or more) with someone who has COVID-19, unless you have been fully vaccinated or have fully recovered from COVID-19 in the last 3 months.

The quarantine period must be 14 days from the last date of close contact with the positive person and during that time, the student or employee should closely monitor themselves for any symptoms that may materialize. Those in quarantine are not allowed on campus until all

designated protocols have been followed to ensure a safe return to campus (see related sections below).

Protocols for remote learning and work apply. Residential students should quarantine in their rooms and alternative food options will be provided. Commuter students and employees should quarantine at their residence.

Outbreak

The term “outbreak” is generally believed to reference sudden, widespread exposure to a disease, infectious or otherwise. The CDC uses this term when there are more than an expected number of positive cases in a particular area (typically linked), among a particular group and over a specified period of time.

Based on the guidance offered by the Woodford County Health Department, the College may consider *two or more* COVID-19 positive cases – whether student or employee – as an outbreak, primarily for the purpose of accessing needed resources (see more detail in Outbreak on Campus section below).

COVID-19 Symptoms

According to the CDC, some people with COVID-19 experience a wide range of symptoms – ranging from mild symptoms to severe illness. Symptoms may appear **2-14 days after exposure to the virus**. People with these symptoms *may* have COVID-19:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

Quarantine and Isolation Protocol

Vaccinated Individuals

Quarantine

- 1) If you have been in close contact with a COVID-19 positive individual, you do not need to quarantine or get COVID-19 tested. However, you should monitor yourself for COVID-19 symptoms for the next 14 days.
- 2) If you have been in close contact with a COVID-19 positive individual AND you are having COVID-19 symptoms, you should get tested for COVID-19 and stay away from others until you receive a negative COVID-19 test result.

- 3) Individuals who have a condition or are taking medications that weaken the immune system, should continue to take all precautions recommended for unvaccinated people until advised otherwise by their healthcare provider.

Isolation

- 1) If you are fully vaccinated, but test positive for COVID-19, you will need to isolate from others for a period of 10 days. The 10 day count starts at the earlier of your first day with symptoms, or the date of a positive COVID-19 test.

Non-Vaccinated Individuals

Quarantine

- 1) If you have been in close contact with a COVID-19 positive individual, you should quarantine away from others for 14 days after your last contact with the COVID-19 positive individual.
- 2) Watch for fever (100.4°F), cough, shortness of breath, or other symptoms of COVID-19.
- 3) If possible, stay away from people you live with, especially people who are at higher risk for getting very sick from COVID-19.

Isolation

- 1) If you are not vaccinated and test positive for COVID-19, you will need to isolate from others for 10 days. The 10 day count starts at the earlier of your first day with symptoms, or the date of a positive COVID-19 test.
- 2) Isolation must be done whether a non-vaccinated individual has COVID-19 symptoms, or if they are asymptomatic.
- 3) Monitor your symptoms. If you have an emergency warning sign (including trouble breathing), seek emergency medical care immediately.
- 4) Stay in a separate room from other household members, if possible.
- 5) Use a separate bathroom, if possible.
- 6) Avoid contact with other members of the household and pets.
- 7) Don't share personal household items, like cups, towels, and utensils.
- 8) Wear a mask when around other people if able.

Testing Positive for COVID-19

- 1) Employees who test positive for COVID-19 must notify Human Resources and their supervisor as soon as possible. Faculty should notify the Provost's office.
- 2) Students who test positive for COVID-19 must notify Lizzie Rassi (lrassi@eureka.edu) in the Office of Student Life as soon as possible.

COVID-19 Outbreak on Campus

Once the College is made aware of two or more positive cases, we will work closely with the Woodford County Department of Health to determine what's needed, including a possible transition to remote work and learning for a period of time. The campus community will be notified as soon as possible with specific instructions and necessary steps to minimize transmission.

The College will use the following indicators, along with guidance from local health professionals and experts, in determining the necessary actions to be taken in the event of one or more COVID-19 positive cases:

- Number of cases and the extent to which they are linked
- Timing of cases (i.e., one case each month vs. three cases in Sept.)
- Locus of transmission (aided by contact tracing protocols)

A campus-wide transition to remote work and learning may not be necessary unless we are unable to continue campus operations. If the positivity rate necessitates this action, it may last for up to 14 days. During that time, campus-wide deep cleaning protocols, consistent with CDC guidelines, will be conducted. Residential students, other than those requiring isolation, will quarantine in their rooms during that time.

If the positive case involves an employee, that person is expected to follow the above protocols for a positive diagnosis and the following procedures will be initiated:

- Employees who have been diagnosed with COVID-19 must isolate at their residence and follow the applicable time (10 days) or testing protocols described above before resuming campus activities and in-person work/teaching.
- Employees should work with their supervisors/Provost to determine a plan and expectations for working or teaching from home.
- If the employee is a faculty member, all classroom spaces where the professor teaches will be appropriately cleaned, according to CDC guidance. In addition, the professor's personal office space will be deep cleaned.
- Employees or students who were in close contact with the COVID positive employee must follow the applicable guidelines under the above section, Exposure to a COVID-19 Person.

If the positive case involves a residential student, that person is expected to follow the above protocols for a positive diagnosis and the following procedures will be initiated:

- Residential students who have been diagnosed with COVID-19 will immediately be moved to on-campus isolation housing.¹ Students in isolation housing must follow the applicable time (10 days) described above before resuming campus activities and in-person classes.
- If the positive student has a roommate, that person may need to quarantine as well and must follow the COVID-19 exposure guidance above before resuming campus activities and in-person classes.

¹ Commuter students who have been diagnosed with COVID-19 will be required to isolate at their home residency.

- Isolated students will be provided alternative food options and will also have access to order food items and have the order delivered using the Sodexo app. (see Dining Services section below). They will NOT be allowed to eat in the dining halls during the isolation period.
- Isolated students should work with their professors and use interactive learning technology, as appropriate, to participate in all class meetings.
- All students who live on the same floor as the student diagnosed with COVID-19 will be asked to closely monitor themselves for up to 14 days to ensure no COVID symptoms materialize. This assumes there has been no close contact (less than 6 feet for 15 minutes or more) and that face coverings have been appropriately worn.
- If a person who lives on the same floor has been in close contact with the student diagnosed with COVID-19, that student should follow the protocol for COVID exposure, which includes quarantining in their room for 14 days *OR* testing negative on two separate occasions (please see details above).
- Quarantined students will be provided alternative food options. Students will have access to the Bite+ grab-and-go app while they are in quarantine or isolation. Dining services staff and or the Office of Student Life staff will coordinate all food logistics for students who are in quarantine or isolation.

If the positive case involves a commuter student, that person will be required to isolate at home and follow the protocols above for a positive diagnosis.

Anyone believed to have been in close contact with a COVID-19 positive person will also be notified by the Woodford County Health Department and should follow the COVID exposure guidance above. Anyone who had contact that is not considered close (as defined above) and those who may have been indirectly exposed will be notified by the College via email. You will be asked to monitor yourself for several days, consistent with the most recent CDC guidance, in case any COVID-related symptoms materialize. Confidentiality will be appropriately upheld throughout this process.

Contact Tracing Support

Minimizing the transmission of COVID-19 relies heavily on swift and accurate contact tracing; therefore, cooperation with the contact tracing process is expected and will be appreciated. The College has partnered with Degree Analytics, a firm with an artificial intelligence solution that can help the health department in its assessment of who is present on campus each day and when close contact could have potentially occurred. When your phone is connected to the WiFi, the on-campus location is used to conduct the tracing. Eureka College does not have access to the log files. The Provost and Pandemic Coordinator, Jeremy Mischler, will receive a report from the contracted firm only when warranted to conduct contact tracing for students.