



Eureka College  
2021-2022 Catalog

Major in Kinesiology – Sports Health Care Prof.

Complete 120 semester hours of graduation-eligible credit.  
Minimum of 43 hours of major coursework.

| Kinesiology – Exercise Science Major  |                                  | Gr | Cr |
|---|----------------------------------|----|----|
| BIO263  | Human Anatomy & Physiology I     |    | 4  |
| BIO264  | Human Anatomy & Physiology II    |    | 4  |
| HED179  | First Aid, CPR, and Injury Prev. |    | 1  |
| HED284  | Nutrition                        |    | 3  |
| KIN180  | Intro to Kinesiology             |    | 2  |
| KIN255  | Psych/Soc Aspects of PE & Sport  |    | 3  |
| KIN265  | Tests & Measures in Kinesiology  |    | 3  |
| KIN281  | Principles of Athletic Training  |    | 3  |
| KIN293  | Injury Assessment                |    | 3  |
| KIN380W   | Biomechanics                     |    | 3  |
| KIN382  | Exercise Physiology I            |    | 3  |
| KIN390  | Practicum in Athletic Training   |    | 2  |
| KIN392  | Advanced Athletic Training       |    | 3  |
| KIN393  | Therapeutic Modalities           |    | 3  |
| Choose one of the following:  |                                  |    |    |
| <ul style="list-style-type: none"> <li>• KIN386W – Exercise Physiology II</li> <li>• KIN388W – Body Composition and Analysis</li> </ul> |                                  |    |    |
| KIN   |                                  |    | 3  |
| <b>TOTAL</b>  |                                  |    |    |

| Complete one of the following options:                         |    |    |
|--|----|----|
| <input type="radio"/> Completion of a second major:            |    |    |
| <input type="radio"/> Completion of a minor:                   |    |    |
| <input type="radio"/> 12 Credits Outside of Major at 200+Level | Gr | Cr |
|  |    |    |
|  |    |    |
|  |    |    |
|  |    |    |
| <b>TOTAL</b>   |    |    |

| General Education Capabilities                                   | Date Met |
|--|----------|
| <i>Justice and Civic Responsibility [JCR]</i>                    |          |
| <i>Aesthetic Sensibility [AS]</i>                                |          |
| <i>Analytical Inquiry &amp; Problem Solving [AIPS]</i>           |          |
| <i>Communication [CO]</i>  |          |
| <i>Health, Fitness, and Well-Being [HFWB]</i>                    |          |
| <i>Intercultural Understanding [IU]</i>                          |          |
| <i>Scientific Literacy [SL]</i>                                  |          |
| <i>Spiritual Engagement / Examined Life [SEEL]</i>               |          |
| <i>Sustainable Practices &amp; Environmental Conscience [SP]</i> |          |
| <i>Ethical Reasoning [ER]</i>                                    |          |
| ECC490W Ethical Reasoning Seminar                                |          |

| Writing Requirement                   | Gr | Cr       |
|---------------------------------------|----|----------|
| ENG103W Academic Writing & Research   |    | 3        |
| ENG301W Adv. Academic Writing & Rsrch |    | 3        |
| KIN380W Biomechanics                  |    | -        |
| KIN386W Exercise Physiology II        |    | -        |
| ECC490W Ethical Reasoning Seminar     |    | -        |
| <b>TOTAL</b>                          |    | <b>6</b> |

# GRADUATION AUDIT



**Name:** \_\_\_\_\_

**SONISID#:** \_\_\_\_\_

**Degree:** \_\_\_\_\_

**Catalog:** \_\_\_\_\_

**Major 1:** \_\_\_\_\_

**Major 2:** \_\_\_\_\_

**Minor:** \_\_\_\_\_

**Anticipated Graduation Date:** \_\_\_\_\_

| Date | Major 1<br>GPA | Major 2<br>GPA | Minor 1<br>GPA | Minor 2<br>GPA | Cumulative<br>GPA | Total<br>Credits | Remedial<br>Credits | Graduation<br>Credits |
|------|----------------|----------------|----------------|----------------|-------------------|------------------|---------------------|-----------------------|
|      |                |                |                |                |                   |                  |                     |                       |
|      |                |                |                |                |                   |                  |                     |                       |
|      |                |                |                |                |                   |                  |                     |                       |
|      |                |                |                |                |                   |                  |                     |                       |
|      |                |                |                |                |                   |                  |                     |                       |
|      |                |                |                |                |                   |                  |                     |                       |
|      |                |                |                |                |                   |                  |                     |                       |
|      |                |                |                |                |                   |                  |                     |                       |
|      |                |                |                |                |                   |                  |                     |                       |
|      |                |                |                |                |                   |                  |                     |                       |

Please review this audit with your academic advisor. Remember, you are responsible for knowing your degree requirements and keeping track of your progress toward graduation. Your advisor will provide guidance and advice. *Always consult your Eureka College Catalog for information about graduation requirements.*

- All GPA's (Major, Minor, and Cumulative) must be 2.0 or above to graduate.
- At least 120 semester hours of credit must be earned to graduate with a BA/BS.

Explanation of Notations

- A,B,C,D = requirement met by Eureka College credit
- T = requirement met by transfer credit
- Pr = requirement met by proficiency
- F1516 = letter indicates semester, numbers indicate academic year that course is in progress or registered (F = fall, S= spring, SU = summer)
- N/A = not applicable
- IAI = requirement met through IAI (Illinois Articulation Initiative)