



A minimum of 23 credits of coursework.

Kinesiology Minor		Gr	Cr
BIO263	Human Anatomy & Physiology I [PR: MAT095R or placement]		4
BIO264	Human Anatomy & Physiology II [PR: C or better in BIO263 or 142]		4
HED284	Nutrition		3
KIN130	Intro. to Health, Fitness & Performance		3
KIN255	Psych/Soc Aspects of Hlth, Fitness & Performance [PR: PSY101 or SOC102]		3
KIN382	Exercise Physiology I [PR: BIO264]		3
One of the following:			
<ul style="list-style-type: none">• KIN330 – Adv Strength & Condit'g [PR: KIN130, KIN265, & First Aid/CPR certified by 10th day of sem.]• KIN380W- Biomechanics [PR: BIO264]• KIN385-Org & Admin in PE, Coaching, Hlth/Fitness [PR: Jr or Sr standing]• KIN386W- Exercise Physiology II [PR: KIN382]• KIN495- Exercise Science Internship [PR: 2.25 GPA & completed Internship Agreement]			
KIN			3
TOTAL			