

Fall 2026 10 Essential Courses

Sch Yr	Semester	10 Essential	Course ID	Course Title	Memo	Section	Instructor Name	Meeting Time	Credits	Fee
202627	Fall	Aesthetic Sensibility	ART101W	ART APPRECIATION		1	Martin, Alex	MON 11:00am-11:50am, WED 11:00am-11:50am, FRI 11:00am-11:50am	3	
202627	Fall	Aesthetic Sensibility	ART106	DESIGN FUNDAMENTALS		1	Wille, Chris	TUE 9:30am-10:45am, THU 9:30am-10:45am	3	
202627	Fall	Aesthetic Sensibility	ART110	DRAWING FUNDAMENTALS		1	Martin, Alex	MON 9:00am-9:50am, WED 9:00am-9:50am, FRI 9:00am-9:50am	3	
202627	Fall	Aesthetic Sensibility	ART111	PAINTING FUNDAMENTALS		1	Martin, Alex	MON 10:00am-10:50am, WED 10:00am-10:50am, FRI 10:00am-10:50am	3	
202627	Fall	Aesthetic Sensibility	ART211	PAINTING FOR ARTISTS		1	Martin, Alex	MON 10:00am-10:50am, WED 10:00am-10:50am, FRI 10:00am-10:50am	3	
202627	Fall	Aesthetic Sensibility	MUS150W	MUSIC CULTURES US		CA	Martinez, Adriana	MON 9:00am-9:50am, WED 9:00am-9:50am, FRI 9:00am-9:50am	3	
202627	Fall	Aesthetic Sensibility	PSY299	PSYCH IN FILM		1	Swan, Alex	MON 2:00pm-2:50pm, WED 2:00pm-2:50pm, FRI 2:00pm-2:50pm	3	
202627	Fall	Analytic Inquiry and Problem Solving	CHM131	GENERAL CHEM I		U1	Zhao, Alice	Lecture: MON 10:00am-10:50am, WED 10:00am-10:50am, FRI 10:00am-10:50am Lab: WED 12:00pm-2:50pm	4	\$40
202627	Fall	Analytic Inquiry and Problem Solving	ENG211	LIT-ENG I: BEG-1700		1	Whitacre, Adrian	TUE 9:30am-10:45am, THU 9:30am-10:45am	3	
202627	Fall	Analytic Inquiry and Problem Solving	ENG332W	TOPICS - PROF WRITING		1	Kelvie, Annie	TUE 1:15pm-2:30pm, THU 1:15pm-2:30pm	3	
202627	Fall	Analytic Inquiry and Problem Solving	MAT315	LINEAR ALGEBRA		1	Nelson, Addison	MON 12:00pm-12:50pm, WED 12:00pm-12:50pm, FRI 12:00pm-12:50pm	3	
202627	Fall	Analytic Inquiry and Problem Solving	SPE375	MULTI-TIERED SUPP SYS		1	Carver, Whitney	TUE 8:00am-9:15am, THU 8:00am-9:15am	3	
202627	Fall	Career and Civic Engagement	ECC100	CAREER & CIVIC ENGAGE	Cultural Awareness: This course will examine multiple cultures through historical, sociological, and philosophical foundations. It will introduce students to contemporary cultural forces that shape learning experiences. It will connect students to various cultures, helping them to become advocates of change in their future.	CA	Carver, Whitney	MON 10:00am-10:50am, WED 10:00am-10:50am, FRI 10:00am-10:50am	3	
202627	Fall	Career and Civic Engagement	ECC100	CAREER & CIVIC ENGAGE	Mindful Media: In this modern age of mis-/dis-information, artificially-generated material, manipulative social media algorithms, and constant content overload, this course aims to recalibrate (and slow down) our relationships with media and technology through mindful and thoughtful analysis of not only our personal and professional relationships with media, but with society and culture's historic and contemporary relationship with media as well. As a Career and Civic Engagement (CCE) course, students will also be asked to establish and situate their professional and personal goals within the modern media ecosystem in hopes of instilling strategies for success and work/life balance.	MM	Duncan, Phil	TUE 9:30am-10:45am, THU 9:30am-10:45am	3	
202627	Fall	Career and Civic Engagement	ECC100	CAREER & CIVIC ENGAGE	Reagan's World: Reagan's World encompasses diverse perspectives and historical events before and during the lifetime of Ronald Reagan, 1911-2004. As Eureka's most well-known alumnus, Reagan came of age and developed his career during times of economic issues, global conflicts, and rapid technological and industrial development. This course will examine Reagan's life alongside the lives of other key figures, events, and situations in the 20th and 21st centuries. This course examines the social, cultural, and political world that Reagan experienced and requires students to think critically about change over time, political ideologies and how they develop, and how people and events shape history. This course will be interesting for any student and may be especially relevant for students who are interested in history, political science, pre-law, diplomacy and international relations, foreign languages, and journalism.	RW	Stukey, Meredith	MON 10:00am-10:50am, WED 10:00am-10:50am, FRI 10:00am-10:50am	3	
202627	Fall	Communication	COM104	MODERN COMMUNICATION		1	Davis, Daniel	MON 1:00pm-1:50pm, WED 1:00pm-1:50pm, FRI 1:00pm-1:50pm	3	
202627	Fall	Communication	COM106	WRITING FOR MEDIA		MM	Duncan, Phil	TUE 1:15pm-2:30pm, THU 1:15pm-2:30pm	3	
202627	Fall	Communication	EDU442	SECONDARY MTHDS - MAT		1	McCune, Duane	Unassigned	3	
202627	Fall	Communication	EV5286	SCIENCE COMM & RSRCH		1	Ozowara, Xavier	TUE 8:00am-9:15am, THU 8:00am-9:15am	3	
202627	Fall	Communication	PSC260	POLITICAL IDEOLOGIES		1	Eisenberg, David	MON 2:00pm-2:50pm, WED 2:00pm-2:50pm, FRI 2:00pm-2:50pm	3	
202627	Fall	Ethical Reasoning	ECC490W	ETHICAL REASONING SEM	United States Supreme Court - This section of Senior Seminar will analyze decision making from a variety of perspectives. We will determine short term, intermediate term and long term goals for each student. In class discussions will focus on decisions made in regard to current events within our society and topics from the assigned text. Additional readings and/or movies will be assigned to illustrate some decision making topics.	1	Fisher, Harry	TUE 2:45pm-4:00pm, THU 2:45pm-4:00pm	3	
202627	Fall	Ethical Reasoning	ECC490W	ETHICAL REASONING SEM	Cults and Conspiracies: How You Get In, How You Get Out - In this section of ECC490W, we will examine the cultural and psychological features of cults and conspiracy theories. The course will explore what cults teach us about human nature and how we make ethical choices for ourselves and others. We will also reflect on how cultish thinking is part of our everyday lives and modern social structures, from social media to MLMs to Crossfit. How do you get pulled into a cult? And how do you get out again?	2	Whitacre, Adrian	MON 11:00am-11:50am, WED 11:00am-11:50am, FRI 11:00am-11:50am	3	

202627	Fall	Ethical Reasoning	ECC490W	ETHICAL REASONING SEM	*NON-KINESIOLOGY MAJORS ONLY* Social Agility - The purpose of this senior seminar is to help students assess what they have learned as undergraduate students and translate that learning into their behavior in the world. The course also acts as a bridge to life-long learning. Classes are conducted in both a discussion and hands on application format. This specific course is focused on the art and science of communication and how that communication provides influence to others. Identifying, analyzing, and ultimately manipulating variables that influence human performance. How to create buy in, how to use manipulation in an ethical way, how our drives influence our communication style, and more. Utilizing positions of influence to get others to move towards a common goal in a complex environment that can only be mastered through experience. Students will gain this experience through studying the literature and practically applying the strategies in this class.	3	Bolkema, Justin	TUE 11:00am-12:15pm, THU 11:00am-12:15pm	3	
202627	Fall	Health, Fitness, and Wellbeing	EVS170	GARDENING FOR HEALTH		1	Everett, Katy	MON 9:00am-9:50am, WED 9:00am-9:50am, FRI 9:00am-9:50am	2	
202627	Fall	Health, Fitness, and Wellbeing	KIN130	ESSENTL HLTH, FIT & PERF		1	Bolkema, Justin	MON 11:00am-11:50am, WED 11:00am-11:50am, FRI 11:00am-11:50am	3	
202627	Fall	Health, Fitness, and Wellbeing	KIN130	ESSENTL HLTH, FIT & PERF		2	Bolkema, Justin	MON 12:00pm-12:50pm, WED 12:00pm-12:50pm, FRI 12:00pm-12:50pm	3	
202627	Fall	Intercultural Understanding	BUA310	INTERNATIONAL BUS		1	Buchko, Aaron	MON 11:00am-11:50am, WED 11:00am-11:50am, FRI 12:00pm-12:50pm	3	540
202627	Fall	Intercultural Understanding	EDU229	EXCEPTIONAL CHILD		CA	Carver, Whitney	TUE 11:00am-12:15pm, THU 11:00am-12:15pm	3	
202627	Fall	Intercultural Understanding	ENG250W	WORLD BUILDING		1	Jarvis, Zeke	MON 1:00pm-1:50pm, WED 1:00pm-1:50pm, FRI 1:00pm-1:50pm	3	
202627	Fall	Intercultural Understanding	HIS260	NATIVE AMER STUDIES		1	Cummins, Jonathan	TUE 11:00am-12:15pm, THU 11:00am-12:15pm	3	
202627	Fall	Intercultural Understanding	HIS288W	NAZI GERMANY & HOLOCAUST		RW	Stukey, Meredith	MON 2:00pm-2:50pm, WED 2:00pm-2:50pm, FRI 2:00pm-2:50pm	3	
202627	Fall	Intercultural Understanding	KIN255	SOCIAL AGILITY		1	Bolkema, Justin	TUE 9:30am-10:45am, THU 9:30am-10:45am	3	
202627	Fall	Intercultural Understanding	LDR115	INTRO TO LEADERSHIP		1	Davis, Daniel	MON 2:00pm-2:50pm, WED 2:00pm-2:50pm, FRI 2:00pm-2:50pm	3	
202627	Fall	Intercultural Understanding	MUS150W	MUSIC CULTURES US		CA	Martinez, Adriana	MON 9:00am-9:50am, WED 9:00am-9:50am, FRI 9:00am-9:50am	3	
202627	Fall	Justice and Civic Responsibility	ECC101	JUSTICE CIV RESP SEM		1	Martin, Alex	TBD	3	
202627	Fall	Justice and Civic Responsibility	ECC101	JUSTICE CIV RESP SEM	Environmental Justice: The study of environmental justice is largely the study of environmental inequality. Environmental inequality refers to the uneven distribution of environmental burdens (such as being exposed to toxins) and benefits (like access to clean air) across space and time. This class will examine how space and place affects human and environmental well-being. We will also investigate your own relationship to the natural world. By taking this course you will develop a critical understanding of what constitutes environmental privilege and oppression by examining the historical roots of current, persistent, environmental inequalities across the globe. What are the historical roots of environmental inequality? Is social justice essential to, or at odds with efforts to build a sustainable world? Additionally, we will investigate these issues through a personal lens. What are your attitudes towards the natural world and your place in it? How do these attitudes impact your everyday life? To answer these and other questions we'll work together to read texts, discuss, listen to the expertise of those working in sustainable agriculture and conservation, get out in the field and explore, and undertake a group service project.	2	Zimmerman, Jason	TUE 11:00am-12:15pm, THU 11:00am-12:15pm	3	
202627	Fall	Justice and Civic Responsibility	ECC101	JUSTICE CIV RESP SEM	The Perils of Indifference - The goals of this class are to think about how apathy and silence are unsatisfying responses to injustice, to practice the skill of reading thought-provoking books and articulating ideas with one another, and to grow as attentive, intelligent, reasonable and responsible people who consider how individual flourishing is not independent from that of my neighbor. The first part of the class will survey texts and ideas from people who model what caring deeply about justice looks like. During the second part of the semester, we'll focus specifically on the issue of homelessness in the United States.	3	Cunningham, Joe	MON 11:00am-11:50am, WED 11:00am-11:50am, FRI 11:00am-11:50am	3	
202627	Fall	Justice and Civic Responsibility	ECC101	JUSTICE CIV RESP SEM	Language & Social Justice - This course explores the relationship between language and social justice through an examination of linguistic diversity both in the United States and abroad. Students will consider both historical and contemporary examples of linguistic injustice, as well as the additional civic responsibility that comes with being a native speaker of English. Students will complete a signature assessment aligned to the Justice and Civic Responsibility (JCR) capability. As part of this course, students will be required to complete a service learning project or a practicum/field experience.	4	McCune, Duce	TUE 2:45pm-4:00pm, THU 2:45pm-4:00pm	3	
202627	Fall	Justice and Civic Responsibility	ECC101	JUSTICE CIV RESP SEM	The Medical Profession and Minorities: In this section of ECC101, we will investigate how the medical profession treats minorities and other historical cases of medical injustice. As part of this course, students will be required to do a service learning project. This section is for students on a pre-medicine, pre-veterinary medicine, and pre-dentistry track.	UI	Small, Paul	TUE 11:00am-12:15pm, THU 11:00am-12:15pm	3	
202627	Fall	Justice and Civic Responsibility	ECC101H	JUS CIV RESP SEM-HON	Honors Program Students	1	Crisan, Cezara	TUE 11:00am-12:15pm, THU 11:00am-12:15pm	3	

202627	Fall	Scientific Literacy	BIO264	HUMAN ANAT & PHY II		1	Banerjee, Samalee	Lecture: MON 9:00am-9:50am, WED 9:00am-9:50am, FRI 9:00am-9:50am Lab: TUE 1:15pm-3:15pm or THU 1:15pm-3:15pm	4	\$40
202627	Fall	Scientific Literacy	CHM121	SURVEY OF CHEMISTRY		1	Walker, Jacob	Lecture: MON 10:00am-10:50am, WED 10:00am-10:50am, FRI 10:00am-10:50am Lab: MON 1:00pm-2:50pm	4	\$40
202627	Fall	Spiritual Engagement and Examined Life	REL127	GLOBAL RELIGIONS		1	Cunningham, Joe	MON 9:00am-9:50am, WED 9:00am-9:50am, FRI 9:00am-9:50am	3	
202627	Fall	Spiritual Engagement and Examined Life	REL127	GLOBAL RELIGIONS		2	Cunningham, Joe	MON 10:00am-10:50am, WED 10:00am-10:50am, FRI 10:00am-10:50am	3	
202627	Fall	Sustainable Practices and Environmental Conscience	COM224	POP CULTURE & ENVIR	Course is online and asynchronous. Meets in the 1st 8-weeks.	1	Duncan, Phil	Online course	3	
202627	Fall	Sustainable Practices and Environmental Conscience	EVS151W	INTRO ENVIRONMENTAL SCI		1	Ozowara, Xavier	Lecture: MON 10:00am-10:50am, WED 10:00am-10:50am, FRI 10:00am-10:50am Lab: WED 12:00pm-2:50pm	4	\$40
202627	Fall	Sustainable Practices and Environmental Conscience	EVS260	INTRO SUSTAINABILITY		1	Everett, Katy	MON 11:00am-11:50am, WED 11:00am-11:50am, FRI 11:00am-11:50am	3	\$25
202627	Fall	Sustainable Practices and Environmental Conscience	HIS225	GLOBAL ENVIRON HIST		1	Cummins, Jonathan	TUE 1:15pm-2:30pm, THU 1:15pm-2:30pm	3	