



A minimum of 23 credits of coursework.

Kinesiology Minor		Gr	Cr
BIO263	Human Anatomy & Physiology I [PR: MAT095R or placement]		4
BIO264	Human Anatomy & Physiology II [PR: C or better in BIO263 or 142]		4
KIN130	Essentials of Health, Fitness & Performance		3
KIN255	Social Agility [PR: KIN130, PSY180 & Sophomore Standing]		3
KIN382	Exercise Physiology I [PR: BIO141 & BIO264]		3
<i>Plus at least one of the following (3 hours minimum):</i> • HED284- Nutrition • KIN330W – Adv Strength & Condit'g [PR: KIN130 & KIN255] • KIN380- Biomechanics [PR: BIO264] • KIN386W- Exercise Physiology II [PR: KIN382] • KIN495- Exercise Science Internship [PR: 2.25 GPA & completed Internship Agreement]			
KIN			3
TOTAL			