



Eureka College 2026-2027 Catalog

Minor in Coaching

Prepares students to mentor athletes across various levels by integrating principles of exercise science, sport psychology, and pedagogical techniques. This minor will produce capable coaches to work with and instruct athletes to achieve their individual and team best

A minimum of 24 credits of coursework.

Coaching Minor		Gr	Cr
KIN130	Essentials of Health, Fitness & Performance		3
HED284	Nutrition [PR: ENG103W or IC]		3
KIN255	Social Agility [PR: KIN130, PSY180 & Sophomore Standing]		3
KIN294	Motor Learning & Development [PR: Sophomore Standing]		3
KIN330W	Advanced Health, Fitness & Performance Training [PR: KIN130 & KIN255]		3
<i>Pick One of the following:</i> - LDR115 – Intro to Leadership (3) - LDR215 – Digital Leadership (3) [PR: ENG103W or IC] - COM211- Sports, Media & Culture (3) - COM215 - Relational Communication (3) - COM218 – Organizational Communication (3)			3
<i>Pick One of the following:</i> - PSY180W-Intro to Science Communication (3) - PSY205- Psychology of Childhood through Adolescence (3) - PSY207- Middle Childhood/Adolescent Development (3)			3
<i>Pick One of the following:</i> - ACC111 – Principles of Accounting I (4) - BUA220 – Management (3) - BUA340 – Business Law (3) - KIN295 – Internship [PR: 2.25 GPA & completed internship agreement in Handshake] (2+)			3-4
TOTAL			