



Eureka College

MAJOR IN KINESIOLOGY/EXERCISE SCIENCE

2015-2016 CATALOG

REQUIREMENTS FOR A MAJOR IN KINESIOLOGY/EXERCISE SCIENCE: a minimum of 43 hours of coursework, consisting of the following:

All of the following:

_____	BIO163 – Human Anatomy and Physiology I	4 hrs.
_____	BIO264 – Human Anatomy and Physiology II	4 hrs.
_____	HED179 – First Aid, CPR, and Injury Prevention	1 hr.
_____	HED284 – Nutrition	3 hrs.
_____	KIN180 – Introduction to Kinesiology	2 hrs.
_____	KIN255 – Psychological/Sociological Aspects of PE & Sports	3 hrs.
_____	KIN260 – Methods of Teaching Fitness Activities	3 hrs.
_____	KIN265 – Tests and Measurements in Kinesiology	3 hrs.
_____	KIN380W – Biomechanics	3 hrs.
_____	KIN382 – Exercise Physiology I	3 hrs.
_____	KIN386W – Exercise Physiology II	3 hrs.
_____	KIN388W – Body Composition Analysis	3 hrs.
_____	KIN391 – Exercise Science Practicum	2 hrs.
_____	KIN495 – Exercise Science Internship	minimum 2 hrs.

Plus one of the following:

_____	CHM121 – Survey of Chemistry	4 hrs.
_____	CHM131 – General Chemistry I	4 hrs.